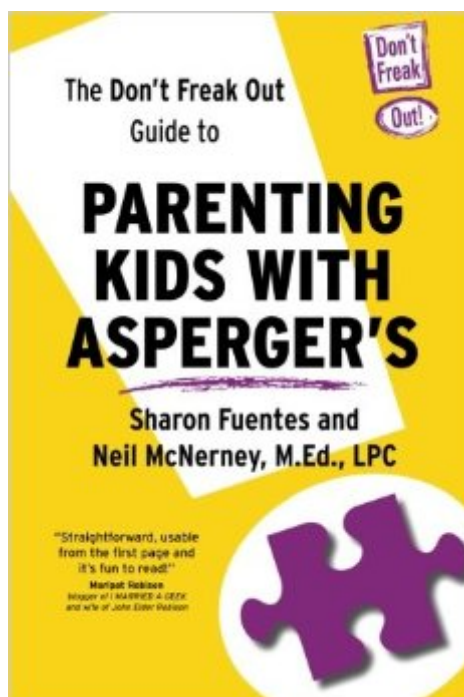


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# The Don't Freak Out Guide To Parenting Kids With Asperger's



## Synopsis

Donâ€™t Freak Out | You are not alone! You are half way through grocery shopping and can tell that your Aspie is about to melt down. You know you should just 86 the whole thing but you really need milk, bread and coffee. Eventually your child canâ€™t stand it anymore and falls to the floor in anger and frustration! The outside world sees a big sobbing and screaming kid having a fit. You see the truth; your baby has fallen off the wall and you need to help put this little Humpty Dumpty back together again. Unlike the fairy tale, none of the Kings Horses and none of the Kings Men are coming to help. But you are not alone. We get it. Weâ€™ve been there. And we will guide you to a calmer, happier place of acceptance and appreciation. The Donâ€™t Freak Out Guide to PARENTING KIDS WITH ASPERGERâ€™S will guide you through a simple process that will allow you to: Break the cycle of worry, anger and guilt. Show you a new way to view your child. Help you to become a leader in your childâ€™s life. Offer you support, hope and even a few laughs along the way.

## Book Information

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## Customer Reviews

We were so lucky to have this book available just after we had the official diagnosis of our son being on the Autism Spectrum. It was a quick, easy read to point us in the right direction and let us know we were not alone. The resource section in the back is amazing. The chapters are set up so you can easily go back and re-read for whatever concerns you at the immediate moment. I can't thank the authors enough.

Learning to relax and parent your kiddo with Asperger's on his or her own terms is a wildly liberating way to live. I love this book's easy, positive style that helps the reader see a path to doing just that.

I loved this book! I finished it in two days at my kitchen table, which is good considering I homeschool my Aspie! It was so easy to follow. I felt like she was sitting at my kitchen table, sharing a cup of coffee and chatting! I highly recommend this book to anyone who has a child with Asperger's. My husband is reading it now and I'm going to start giving it to family members next.

This is a great book that explains the different types of Aspi's and the type of parenting that works well for each of those types. If your child is high functioning, it helps a lot to parent them better. Many of the other books I found gave so many examples of middle to lower functioning Aspie's, they just didn't apply. Sure can make you a much better parent. Although, if you're looking for a book, that already makes you a better parent. Life is not easy but this does help. Easy to read too.

A great resource for both parents and educators, Parenting Kids with Asperger's is easy to read, relatable and filled with practical strategies and suggestions that can be applied not only to children with Asperger's but to all children.

Very informative book. Just like the title implies, it really does provide a don't freak out approach to parenting an aspie. I would recommend this book to anyone with a child with aspergers, or anyone who would like to understand more about aspergers.

I am only a few chapters in but I can already relate to things this book talks about. It has times for you to stop and reflect on how situations apply to you and how to correct them. So far its already been a great resource for my family.

I just finished this book tonite. Just what I needed to hear! It really has alot of good points and parenting tips and I think it will be very helpful--I have already learned alot just from reading it. Easy read.

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